



Cayuga Community College Auburn & Fulton, New York

Collegian

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CAYUGA Briefs

Auburn CCC Student Dies from Auto Crash Injuries



David L. Becker II of Moravia died January 31, 2010 from injuries received in an automobile accident.

He was a student of Cayuga Community College. Becker was born March 10, 1991 in Syracuse; he graduated from Moravia high school in 2009. He attended Alfred School of Technology during the fall semester of 2009 before transferring to Cayuga Community College.

He was active in karate, achieving a brown belt in the Phoenix School District before transferring to the Moravia Central School District. Becker achieved the Arrow of Light in the Boy Scouts. He played the saxophone and made all county choir. He enjoyed photography, videography and computers. Becker was also an avid lover of music wand writing, he particularly like "Imagine", a song by John Lennon.

Becker was family oriented, moving back to the area so he could see his four sisters and mother every day.

A scholarship in David's name is scheduled at Cayuga Community College with contributions made to the family after his death.

Coming Soon: Banner Gets Better!

New myCayuga Will Deliver Personalized Information

Students, faculty and staff know Banner as the go-to place for self-service Cayuga information online. You've learned to use Banner for course registration, checking grades, finding your financial aid award, and many other tasks. Now, Cayuga Community College is kicking online info up a notch, with myCayuga.

If you study or work at Cayuga, you already have a self-service Banner username and PIN. Those will become your login to myCayuga, where you'll see a unique homepage dedicated to you. There, you can receive personalized

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COLLEGIAN NOW ON FACEBOOK

The Cayuga Collegian now has a fan page on facebook! Become a fan and explore what we post and join into the discussion!



TWO HURDLES CLEARED FOR CCC CAPITAL PROJECTS

According to Cayuga Community College president, Dan Larson, the Cayuga County Legislature overwhelmingly approved both resolutions presented by CCC's Board of Trustees regarding two capital improvement plans for the college. The projects include plans to move the Fulton campus to the River Glen site, through purchase of the vacant P&C grocery

parcel, lease the vacant mall storefronts, and purchase approximately 45 acres of adjacent vacant land -- this follows Option 3 in the 2007 Facilities Master Plan.

The second project sites the addition of the Kalet's theatre site to the 2007 Master Plan, which, in conjunction with the Musical Theatre Festival, will mean the construction of a new 300+

seat theatre on State Street in downtown Auburn, to be used by the College from September through May and by the Festival during June, July, and August.

Larson says the next step will be to submit the proposals with the supporting documentation to SUNY, and then on to the Executive Chamber for inclusion in the NYS capital budget for the coming NYS fiscal year that begin on April 1.

"We Share the Air": CAMPUS NO SMOKING CHECK-UP

by Crystal Wolfe, Staff Writer

A new smoking ban is in effect at Cayuga Community College: not only is there no smoking permissible on campus grounds, there are no longer any designated spots outside for student smoking.

"It doesn't bother me if students have a designated place to smoke outside-but inside would be another story," Aaron Geracci, a non-smoking student said.

Paula Pickreign, another non-smoker



said, "I just think the no-smoking ban is unnecessary. If you don't want to smell or be around the smoke, then don't walk through it. It doesn't affect me one way or another."

Other students were even more adamantly against the ban.

Smoker Carine Adams said, "If they're going to ban smoking then they should ban every automobile on campus because cars emit far more pollutants into the air than a cigarette. Why don't they just require us to carpool or to take the bus which is free for students?"

Carol Greene said, "I think it's great because as a non-smoker, I don't like to walk outside and get a lung full of smoke."

Greene's own daughter, Kelly Green, a smoker said, "I think that there should be a spot other than cars where people can go to smoke between classes because not everyone has a car to go to, or time between classes to get out to the parking lot."

The campus police have said that they

won't be expelling students who smoke, that this will be lightly enforced by simply asking the student to put out their cigarette. The offending student will not be fined, but the police said they will keep a record of repeating offenders.

Students are permitted to smoke in their cars, which are their own property, but as Kelly Green has stated not every student has their own vehicle.

The campus police have said that they are well within their rights, and that New York State already has laws for non-smoking campuses and public restaurants, but that this new ban is simply taking the law a bit further.

Most non-smokers seemed fairly indifferent, but said that they felt it was starting to infringe on the rights of their fellow students.

"I just hate to see student rights taken away. I'm against smoking and second-hand smoke but this is America," said non-smoker Tyndale Parseghian.

STUDENT GOVERNMENT HAS ANOTHER NEW LEADER

by Brandi St. John, Editor-in-chief



Kirk Bennett Acting President

Oops, we did it again. What is it with Cayuga Community College not being able to keep a president of Student Government for more than a semester?

Between personal issues and low GPAs the Student Government Office has seen more than its fair share of officers come and go in the last two years. But all that is scheduled to change according to "Right now, we're focusing on the upcoming elections and training for next year's executives for the SGO. We are also looking to make the operations within the SGO more efficient," said Bennett.

Bennett is also making the movements to have the SGO constitution updated.

"Together with the help of other members of the faculty, we are hoping to amend the SGO constitution so that it may be as clear

and concise as possible, hopefully it will need no amendments in the future," said Bennett.

The Cayuga campus SGO is currently trying to get more people involved on both campuses, with Bennett commuting between the two in an effort to become more organized and interlaced with the politics of a college governmental system.

The SGO is on the path to reformation after a chaotic era during the last two semesters. The former advisor has stepped down and the acting president to dedicated to change.

Signs sporting Uncle Sam claim that the "SGO wants YOU!" could be seen in the front lobby through the date of the election, February 26, 2010. All positions were open for the next school year.

"The future of the SGO at CCC looks bright if all the efforts the current acting president have put in continue into the next academic year," said a CCC sophomore.

"The focus of the SGO is and always has been on the students of CCC and the multitude of clubs that are offered here," concluded Bennett.



A PERFECT GAME!

Cayuga CC's Matt Janusz (Port Byron, NY) rolled a perfect 300 game at the NJCAA Region III Bowling Tournament at Pin-O-Rama Lanes in Utica recently. Janusz started the event with 14 straight strikes which was hosted by Mohawk Valley CC. The Spartans had a great showing in their first bowling regional competition and will head to the NJCAA National Invitational in Buffalo on March 4-6, 2010 hosted by Erie CC.

Congrats to Matt on his perfect game... and to the rest of the Spartan bowlers listed below who participated in last weekend's regionals:

Nick Bolak	Stefanie Spinney
Josh Fatcherich	Jeff Tonzi
Matt Janusz	Sarah Wild

IS COLLEGE CAUSING YOU STRESS?

by Brittney Bigness, Staff Writer

Most Cayuga Community College students report that course assignments combined without outside obligations like family or work creates a huge amount of stress in their lives. In addition to the stress of work, there is the financial worries over securing loans and paying for books and expenses.

"Scott Weaver said that when he did lacross last year that he didnt have any stress at all, it was easy." But when asked if he had a job outside of school he said no", so that has alot to do with things.

A recent study by Dr. James F. Hubbard, Associate Professor of Psychology at University of North Carolina, Pembroke found in order to prevent stress, students need to find a balance between the amount of a student's course work and their overall work load.

Dr. Hubbard suggest If you know that you're going to be taking many difficult courses, then he suggests to take it easy on any other activities including organized sports, clubs and new relationships or jobs.

"Students can get easily overwhelmed if they look at everything they have to do at once," said CCC Assistant Professor Mary Merritt. "I encourage students to break down their responsibilities into what is most important and what needs attention first, and then focus on that."

Merritt suggests if you do feel overwhelmed with school work and home responsibilities to schedule a talk with your professors so they can understand your situation and offer guidance.

Dr. Hubbard's study suggests that students who end up unfocused and receive unsatisfactory grades in school, should find someone to talk to about their feelings. Sharing your feelings can help put your stress in perspective and will help others in your life to understand how not to create more

stress for you.

Dr. Hubbard also found that stressed students taking exams will often second guess their answers when most likely their first choice was correct.

Parents are another recipe for stress in students. "Kayla Beard who is a Sophmore at Cayuga Community College stated that her parents ride her for a 4.0", not only does kayla have to buckle down in college she holds off two jobs as well. Kayla is one of the most stressed students at cayuga when it comes to school and the work force.

Another rite of passage students often participate in when they attend college is the need to party. Dr. Hubbard says there is a time for partying and a time for studying. Students need to set priorities and once you achieve part of your goals, then take some time for yourself keeping in mind the consequences.

When asked what college students do for fun the most talked about topic is partying, college sophmore Alex Lewis comments that alls "he does is party on the weekends. Its like a stress reliever for him, but when it comes to monday he is really feeling the effects. He also states that he will continue to party and that it doesnt involve with his grades, you just have to do it to your class schedule." Thats coming from one college student, but there are many lurking around that look pretty rough after a long weekend of partying. Not many take it easy or play it smart, they just go all out. Maybe students should start being smart about partying instead of exhausting themselves. Many college students handle stress with college alot differently, Yovi who is also a sophmore at college states that she buckles down and hammers down on the coffee and pulls all nighters, how she does it she doesnt even know but she manages." That shows how college students handle stress differently.

CCC FULTON STUDENTS

The Cayuga Collegian is looking for a correspondent to cover news and events happening on the CCC Fulton Campus. Please email cayugacollegian@gmail.com





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The Cayuga Collegian welcomes letters from its readers. Submissions must be in a word document on a PC formatted disc. Submissions may be edited for content or length. Submissions must include your name, address and daytime phone number. All letters to the editor are copied exactly and do not necessarily reflect the viewpoint of the Collegian office, its staff or advisors. All letters are simply the opinions of the writers themselves.

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ASTROLOGY: The Psychology of the Stars

by Crystal Wolfe, Staff Writer

Most people think that astrology is a cult or a religion in and of itself to be worshipped or condemned. I see astrology as a science; much like psychology. Astrology serves as a tool for greater understanding of our own and other people's natures in order to have more compassion for those around us.

Astrology is the study of the stars and how they affect us on earth. Scientifically, the moon has an inorberant affect on the tides and the human body is made up of two-thirds water. Any hospital or police station can tell you that when the moon is full people are more violent; prone to more erratic patterns of behavior.

In an article published in Nature Magazine on Dec. 18,2009, the University of Toronto physicists Jerry Mitrovica and Alessandro Forte of the Institute de Physique du Globe de Paris used numerical simulations to show the parallels between the Earth's changing shape and the gravitational effects of other bodies in the Solar System, particularly Jupiter and Saturn.

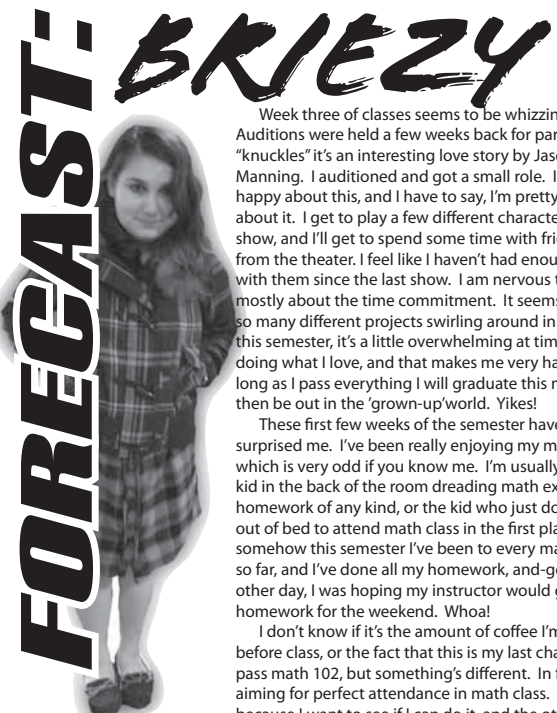
"We're showing for the first time that changes in the Earth's shape, when coupled with the gravitational effects from other planets, can produce large changes in the Earth's climate," Mitrovica says.

As far as the sun's effect on the earth, one example is Solar Flares, which Wikipedia defines as large explosions of the sun's atmosphere. So then; if the planets affect the earth to such a vast degree, how would they have no affect on the humans who inhabit it? It's like saying that someone who lives in a house with black mold isn't affected or harmed by its properties. Some are just more or less aware of their surroundings but that does not mean they are not affected by it.

Astrology is far more complex and scientific than simply, "What's your sign?" and it is far more logical than most people are aware of. I myself began my study of religion, politics, and astrology at the age of eight, and my own sister was a dichard skeptic until very recently when she finally took a look at it and began to realize how in-depth astrology is.

With her Masters Degree in Psychology from the University of Denver, she told me that "Personality Psychology is like a baby sucking its thumb and Astrology is like the wise sage in comparison."

Astrology's specialty is the personality and is vastly more in-depth as to why a person reacts to life and acts the way they do more than any other science I have researched.



Week three of classes seems to be whizzing by! Auditions were held a few weeks back for parts in "knuckles" it's an interesting love story by Jason Manning. I auditioned and got a small role. I was very happy about this, and I have to say, I'm pretty excited about it. I get to play a few different characters in the show, and I'll get to spend some time with friends from the theater. I feel like I haven't had enough time with them since the last show. I am nervous though, mostly about the time commitment. It seems I have so many different projects swirling around in my head this semester, it's a little overwhelming at times, but I'm doing what I love, and that makes me very happy. As long as I pass everything I will graduate this may and then be out in the 'grown-up' world. Yikes!

These first few weeks of the semester have really surprised me. I've been really enjoying my math class, which is very odd if you know me. I'm usually the kid in the back of the room dreading math exams or homework of any kind, or the kid who just doesn't get out of bed to attend math class in the first place. But somehow this semester I've been to every math class so far, and I've done all my homework, and-get this-the other day, I was hoping my instructor would give us homework for the weekend. Whoa!

I don't know if it's the amount of coffee I'm drinking before class, or the fact that this is my last chance to pass math 102, but something's different. In fact, I'm aiming for perfect attendance in math class. Partially because I want to see if I can do it, and the other part because I know I need to do it. I mean, I've taken this course 2 times before this semester. This would probably be why my mom was really surprised that I'd been feeling so good about math she asked me if I was running a fever. I don't know what it is, but I think this might be a success! So I'm hoping this whole success thing will continue for the rest of the semester.

BY BRIEZY O'CONNELL

Perhaps the thing is just finding the right teacher for you. It seems like something has just clicked in my brain giving me the understanding of the things I've been struggling with for 2 years now. We just started our section on factoring, which is my biggest math fear so far, and as far as I know I'm still doing well. Granted we have our first exam soon, so that will be the true test, but I'm feeling like I finally understand. I finally know what everyone else in the entry level classes know. It's a good day. I'm off to finish my homework (it's factoring by grouping)!

Old Dresses Not Just For Hanging in the Closet

by Megan McLaughlin, Staff Writer

If you have been putting off cleaning out your closets, here is a good way to start. Let's be honest, ladies it's time to clean out some of those old prom dresses, and guys encourage your ladies to start digging them out too. More importantly, how about considering donating some of the countless dresses from dances and proms for a good cause?

"The Gorgeous Gown Second Time Around" event will be collecting and selling new and gently used prom dresses to help local girls go to their upcoming proms, without destroying their budgets. The dates for the collection of the dresses have already passed, but don't fret; there is still time to send your dresses in.

"If someone can not make it to the drop-off date, we have racks available both at the front entrance and in the Academic Support Center where they are always being watched by someone, and so they can just leave them there," said Kelly Schafer, a CCC sophomore, from Auburn, who is coordinating the event. She also informed that all dresses are being collected up to the sell dates.

"The dresses will be resold at very low costs on March 6th and 7th between 10 am and 2 pm, in the CCC student lounge. All the profits from the sale will also be split between Cayuga County food pantries and the Haiti relief effort," said Schafer.

"So far we have over 115 dresses collected, many thanks in part to a single donation of over 75 dresses. There are more dresses being donated every day", said Brittany Jorgensen, a CCC sophomore, from Port Byron, who is also coordinating the event.

When asking of the event goals Brittany explained that her personal goal of 100 dresses has already been reached, but any donations are very helpful to the event, and to all the students receiving the gowns.

There have also been special "VIP" tickets issued to all Cayuga High Schools, so those lucky students can enter one hour before the doors are officially opened. The rules are that there will only be one dress per student, and prices will range ranging from \$15 up to \$30. However, some dress selections may need to be dry-

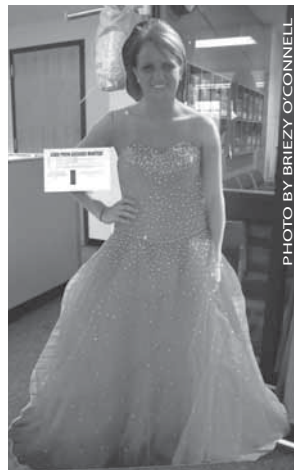


PHOTO BY BRIEZY O'CONNELL

Cayuga Harrision named Mid-State Player-of-the-Week



Congratulations to Spartan sophomore forward Terry Harrison...who led the Spartans to wins over Corning and Jefferson last week, averaging 19 points, 15 rebounds, and 2 steals in the process. He opened with a 21 point, 14 rebound effort against Corning, and followed that up with 17 points and 16 rebounds against Jefferson.

cleaned and have alterations done, but it depends on the individual buyer.

Any questions or comments can be sent to thepromdressproject@yahoo.com, or can be referred to either Brittany Jorgensen, or Kelly Schafer.

Tattoos and Piercings: You Put What Where?!

by Briezy O'Connell, Staff Writer

These days it seems everyone is getting into tattoos and piercings. Body modification is very popular with Americans from the ages of 18 to 50.

According to Northwestern University's News Center, 15 percent of people in this age group have at least one body piercing. They also found that almost one fourth of people in this age group have a tattoo.

Though not usually accepted in the workplace, it has become very common for people to be sporting ink.

"I personally don't see a difference whether you have one or not, but in general it does change the way people look at you, especially in the workplace" says Cayuga Community College student, Bobby Mitchell.

Dan Edersheim, also a CCC student, says "They're all a part of who I am now so I can't regret them."

Mike Cappelletti, a CCC student, has quarter sleeves of tattoos on his arms, a row of earrings in his ear and would like to be tattooed from 'neck to foot'.

Those who are tattooed hold special

significance in the artwork they decide to put on their bodies for life.

When asked if there was meaning behind her tattoos, Paula Pickreign explained: "Absolutely. They have more than one meaning for each, I try to mix ideas to make one cohesive piece."

For Bobby, who has a symbol which stands for 'long life' and his children's names tattooed on his right shoulder --the meaning has to do with family.

When asked how tattoos affect the way our families see us Mike says: "My family is accepting, absolutely"

While Dan said: "Most of my friends are open-minded, but for the most part my tattoos are hidden from my family.

They frown upon tattoos and piercings so it's tough with them."

There are a handful of shops in Auburn where you can get tattoos and piercings done. *Year of the Dragon* on Genesee Street in downtown Auburn has artists that do custom work.

Underground Ink also on Genesee Street in Auburn has been open since 2005. They recently relocated to downtown Auburn from Port Byron.

The Crows Nest Kustoms located next to *Little Caesars* pizza, is the newest addition to Auburn's collection of shops.

These places aren't just offering tattoos; Paula, who



PHOTO BY BRIEZY O'CONNELL

Brandi St. John

sports 'snake bites' (2 lips rings, one on either side of the mouth) said she is a fan of piercings as well as tattoos. "Some people like earrings and necklaces, I like my lip pierced."



PHOTO BY BRIEZY O'CONNELL

Cierra Montana

The Literary Club Proudly Presents:

A Poetry Reading

with
Professor Edward Dougherty
from Corning Community College

Tuesday, March 2, 2010
12:30pm – 2:00pm
In the BIC – Room F118

Professor Dougherty is author of *Pilgrimage to a Gingko Tree* and *Part Darkness, Part Breath*, as well as four chapbooks of poetry, the most recent of which is *The Luminous House*. He has also authored a textbook, *Exercises for Poets: Double Bloom*, co-authored with Scott Minar.

Refreshments and snacks will be served.

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He's Made It: A Look at Nick Howard

by Crystal Wolfe, Staff Writer

Nick Howard grew up in the idyllic coastal city of Brighton England where he was immersed in the music of the Beatles and the Who, two of his greatest musical influences. Howard always appreciated what music had to offer so when he realized that he had the



ability to sing, write, and play music, he knew that was what he wanted to do for the rest of his life.

Since age 11 he gave up the violin, he doesn't read music, but he hasn't let that hold him back. Howard believes that what makes you a memorable act is what you don't know versus what you do.

"It is the constant discovery of new musical expressions that make you unforgettable," said Howard.

He's gone from following an Elvis impersonator on stage (at that point he was seriously questioning if he had indeed chosen the right career) to the Fourth of July Summerfest in Milwaukee where he opened for

Gavin McGraw in front of 5,000 screaming fans.

The music and lyrics he's been working on since a teenager have paid off. Howard has gone from that seaside town in the south of England to having his songs featured on a long list of network shows including, 90210, Jersey Shore, LA Ink, Greek, and True Life. Howard is most proud to have his song "Pressure" featured on The Hills since it was the first time.

"It a unique feeling the first time you hear yourself on TV...very cool indeed," he said.

Even though Nick Howard has "made it," he still makes time to use his success for the greater good. He is involved in several charities, one of which is very dear to his heart, the John W. Jung Memorial Foundation, a scholarship program as well as an organization set up after a good friend of his passed away. It's a foundation which raises awareness of Drug and Alcohol related illness. For more information on this organization, go to: <http://johnjungmemorial.org/>

He also supports a British charity called Jogging for Jonny. Jonathon Cooke, one of Nick Howard's best friends growing up, was serving in Iraq with the British Army when he was killed by a roadside bomb. This charity raises money for returning soldiers in the UK by activity based events such as marathons and half-marathons, etc. Information on this organization can be found on the site: <http://www.joggingforjonny.co.uk/>

You can follow Nick Howard's happenings and become a fan of his on Twitter, Facebook or MySpace by looking him up on his official website: <http://www.nickhowardmusic.com>

Activities Fair Looking to the Future of our Nation's Youth!

by Crystal Wolfe, Staff Writer

There seemed to be a theme at the Activities Fair in the cafeteria last Wednesday afternoon: the concern and welfare of our future generation. Several booths were dedicated to children. An Early Childhood Club geared toward students whose majors enable them to become teachers or daycare workers, had a lot to say on why they had decided to get into this particular profession.

The president of the club, Marie Gravius said, "I love working with children, and I have a desire to make the classroom welcoming and warm for the kids."

Amy Kaufman, who has worked in a residential care facility for abused children, said "I returned to school to pursue a career as an elementary teacher because with my background I

know firsthand why there's a need for quality care professionals in this field."

There was also an organization at the Activities Fair geared to help raise awareness of the 1.5 million homeless children on the streets in the United States alone.

The Forsaken Generation, ran by Sean Wrench, is trying to get help for these children, first by getting the message out. He is attempting to have one million people sign his on-line petition to the government to get some kind of help or funding for these children on the website change.org and is currently setting up the dates to walk across the United States with country music artist Jimmy Wayne, which will launch their national awareness campaign. They'll be visiting with other organizations who work with

homeless youth, telling their own stories as well the stories of the kids experiencing homelessness right now.

If you have any questions about volunteering to help his organization, or would like more information regarding their cause, please contact him on their website <http://www.forsakengeneration.com>.

There was a crafts fair geared for children, sponsored by the college but open to the public. Other booths included information for the Engineering Technology Club, the International Honor Society, the Business Club's Annual Benefit, the Political Science Club, the Student Government Organization, as well as information on self-defense classes for woman.

Cayuga CC to Hold Nursing Info Sessions in Auburn, Fulton

For those considering a career in nursing, four information sessions this spring will offer the chance to talk with instructors, students and admission representatives about the nursing degree program at Cayuga Community College. The sessions will cover deadlines and criteria for admission to this selective and rigorous program, so that prospective students can plan ahead. Enrollment in Cayuga's nursing program for the fall 2010 semester is now closed, but applications will be accepted for 2011 beginning this October. Dates, times and locations for the Nursing Information Sessions are:

- * Thursday, March 4 – 4:00 p.m. – Fulton campus
- * Monday, April 19 – 5:00 p.m. – Auburn campus
- * Monday, May 10 – 1:00 p.m. – Auburn and Fulton campuses

New myCayuga Will Deliver ...

CONTINUED FROM FRONT PAGE

messages from instructors and college offices – maybe a class assignment, perhaps a deadline to turn in a form. Click on the Library tab to access a wealth of resources for research and term papers. You can plug in selected news feeds, such as Spartan athletics or ESPN. As myCayuga expands its scope, you'll be able to join online groups for clubs, class projects and study sessions. Quickest way to check for class cancellations or weather-related closings? Your myCayuga homepage.

Set to go live after spring break,

myCayuga will feature tabs for all viewers and for your specific role, whether Student, Employee or Faculty. Click around to get acquainted, and check back often for new features and links. In the weeks to come, you'll discover more options to tailor myCayuga to your needs and interests.

Of course, plain-vanilla Banner will still be available. Simply log in to myCayuga (using your usual Banner login) and click on the Banner link. But don't stop there. Kick it up a notch – and make myCayuga your own.



Stomach grumbling? Want craving something new? I'll give you new ideas for meals to get you through the day. They're cheap and easy recipes that will always leave you full and satisfied, college student or not.

EASY PARFAIT

INGREDIENTS

- 1 cup non-fat vanilla yogurt
- 1/2 cup Rice Chex
- 1 small banana, sliced
- 6 blueberries (optional)
- 1 strawberry, sliced (optional)

DIRECTIONS

In any cup or bowl take 1/3 cup of yogurt then layer bananas and other fruit then put 1/3 cup yogurt in and then the cereal and then put the rest of the yogurt in top. Enjoy!

PIZZA MAC

INGREDIENTS

- 1 lb ground beef
- 1 (15 1/2 ounce) can Manwich Sloppy Joe mix
- 1 (5 1/4 ounce) box Kraft macaroni and cheese (plus milk and butter needed)
- 1 cup shredded cheddar cheese

DIRECTIONS

1. In large skillet, cook ground beef until browned. Drain off any excess fat. Mix in Manwich and let simmer.
2. Prepare the Macaroni and Cheese according to package. Omit salt from the water.
3. Turn the Macaroni and Cheese on to 12 inch pizza pan and arrange in an even layer, pressing gently into pan.
4. Spoon meat mixture evenly over macaroni, leaving about 1 inch of crust at outer edge.
5. Sprinkle cheese over meat mixture.
6. Bake at 375 F for 20 minutes or until cheese is melted on top. Remove from oven and let stand 5 minutes.
7. Cut into wedges and serve.
8. A 9 inch pie pan may be substituted. Using a spoon press macaroni firmly onto the bottom and up the sides to form a crust. Add meat filling and top with cheddar cheese. Bake 25 to 30 minutes.



BRANDI'S DID YOU KNOW?

- ? The University of Wyoming opened its doors before Wyoming became a state.
- ? The microwave was invented after a researcher walked by a radar tube and a chocolate bar melted in his pocket.
- ? There is one strand of corn silk for each kernel on an ear of corn.
- ? The week of April 4, 1964, The Beatles held each of the top five spots on Billboard's pop singles chart.
- ? The United Kingdom was the first nation to issue adhesive postage stamps; as a result, today British postage stamps are the only ones in the world that do not indicate their country of origin.
- ? In the early days of fire fighting, the Dalmatian served an important purpose. They not only made good watchdogs, they also formed very close bonds with the station horses and kept them company.
- ? The bonnets and caps of city fire hydrants are painted certain colors to alert firefighters to the amount of water pressure available from that hydrant.
- ? Bagpipes weren't invented in Scotland, but in ancient Persia.
- ? Cheesecake was invented in Ancient Greece and served to athletes at the very first Olympic Games.
- ? The creator of the iPod first shopped his idea (without success) to Philips and RealNetworks before Apple agreed to market the device.